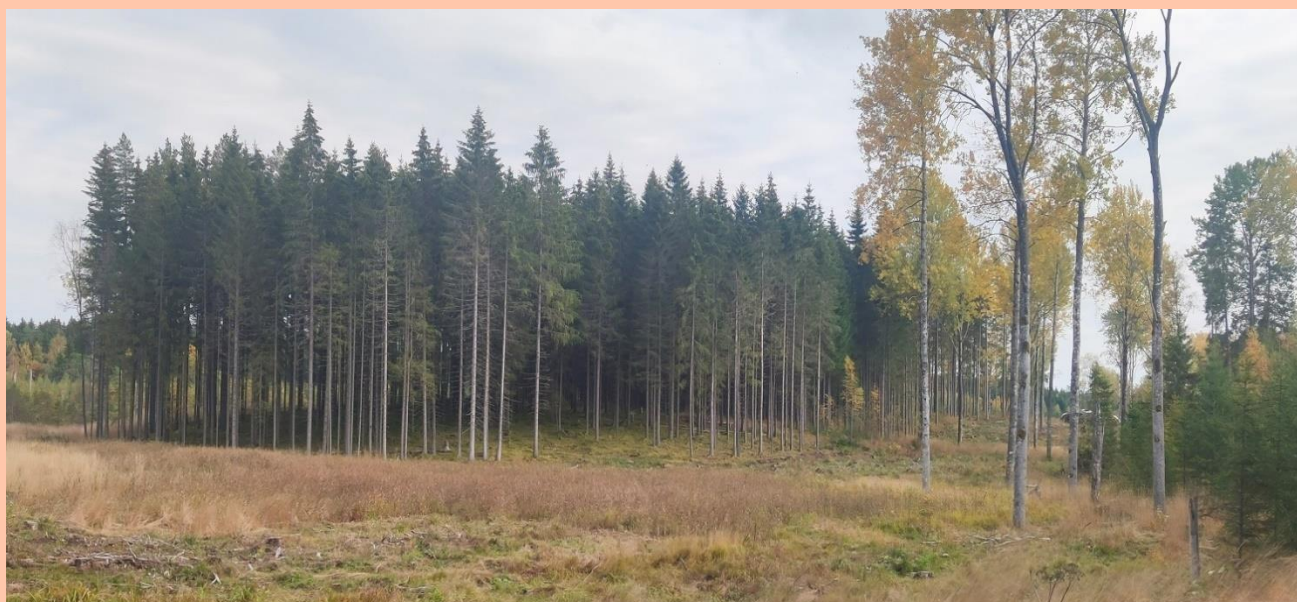


Bulletin Nr. 1

Event time: 29 of October, 2022.

Event place: **Dzērbene**, Dzērbene Parish, Cēsis Municipality .

Event centre: will be announced in the next bulletin.



Organizer

Society "Sporta klubs R24.LV".

Supported by: Vecpiebalga Association Administration and Latvian Orienteering Federation (LOF).

Event director, course setter: Valters Kaminskis

Mapping: Peteris Blumbergs.

The competition is, Latvian Rogaining rating (LRR) stage. included in the LOF competition calendar

Rules

Event format: rogaining, time limit 6 or 12 hours on feet, or 6 hours on bicycle (MTB).

Teams of 2 – 5 members. The competition takes place in accordance with the rogaining rules approved by the IRF and LOF. The rules are published on the Latvian rogaining website <http://www.rogaining.lv>

The organization of the competition will take place in accordance with MK order no. 720 "On declaring a state of emergency", the requirements set out in Regulation No. 662 of the MK "Epidemiological safety measures to limit the spread of the Covid-19 infection", and the document approved by the LOF "Procedure for the implementation of epidemiological safety measures to limit the spread of the Covid-19 infection in the competitions included in the calendar of the Latvian Orienteering Federation" . When applying for the competition, the participants confirm that they are familiar with the competition information and undertake to comply with all the binding rules and instructions.

Additions and special instructions.

1. The competition area is located in the forest area managed by Dzerbene Parish and A/S LATVIA'S STATE FORESTS.

Protect and respect the values created by nature and people!

2. Only a compass, wristwatch and the competition map issued by the organizers may be used for navigation. Any other equipment and facilities may be used for non-navigational purposes.

3. Meeting dogs and forest animals is possible at a distance.

4. When moving on public roads and streets, traffic rules must be followed, in the dark reflectors and lights must be used during darkness.

5. It is forbidden to cross the yards of homesteads, unless a road passes through them. It is recommended to go around the homesteads so as not to disturb residents. Prohibited areas - residential areas, gardens, cemeteries - marked olive green on the map. Other prohibited territories on the map (nature micro-reserves, crop fields and dangerous places) masked with a red grid.

6. Each team must bring a switched-off mobile phone with a charged battery for emergencies

. The mobile phone number of the organizers will be indicated on the race map.

Competition Program

October 29

from 07:30 arrival of participants at the competition center, registration

08:21 sunrise

09:00 giving out maps

10:00 start of the competition

12:00 giving out maps for MTB competition

13:00 MTB competition start

16:00 Finish of the 6-hour competition

16:30 End of 6-hour competition

17:00 Closing event of the 6-hour competition

17:39 sunset

19:00 MTB competition finish

19:30 end of MTB competition

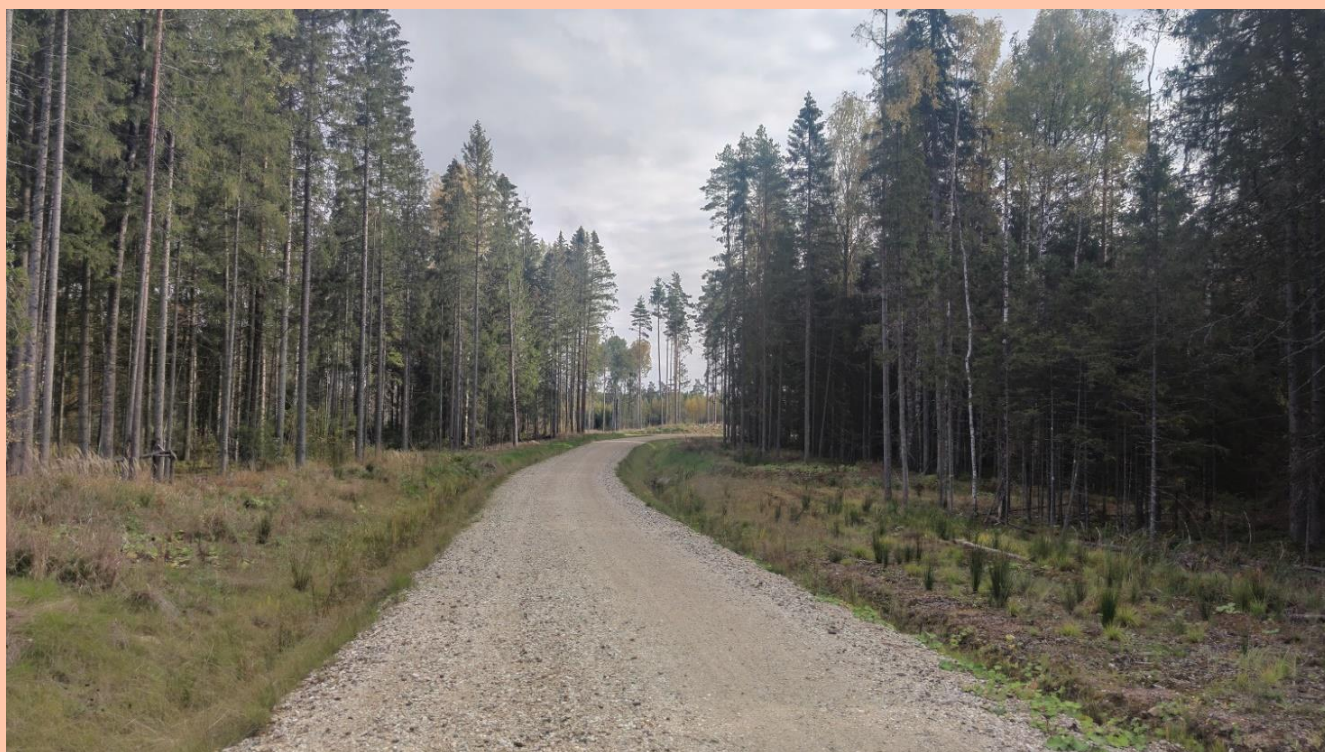
20:00 MTB competition closing event

22:00 Finish of the 12-hour competition

22:30 End of 12-hour competition

23:00 closing event of the 12-hour competition

Closing of the competition center at 24:00



Competition categories

MO, WO, XO – open men, women, mixed. .

MJ, WJ, XJ – junior men, women, mixed junior (under 23 years of age).

MV, WV, XV – veteran men, women, mixed (from 40 years of age).

MSV, WSV, XSV – superveteran men, women, mixed (from 55 years of age).

MUV, WUV, XUV – ultraveteran men, women, mixed (from 65 years of age).

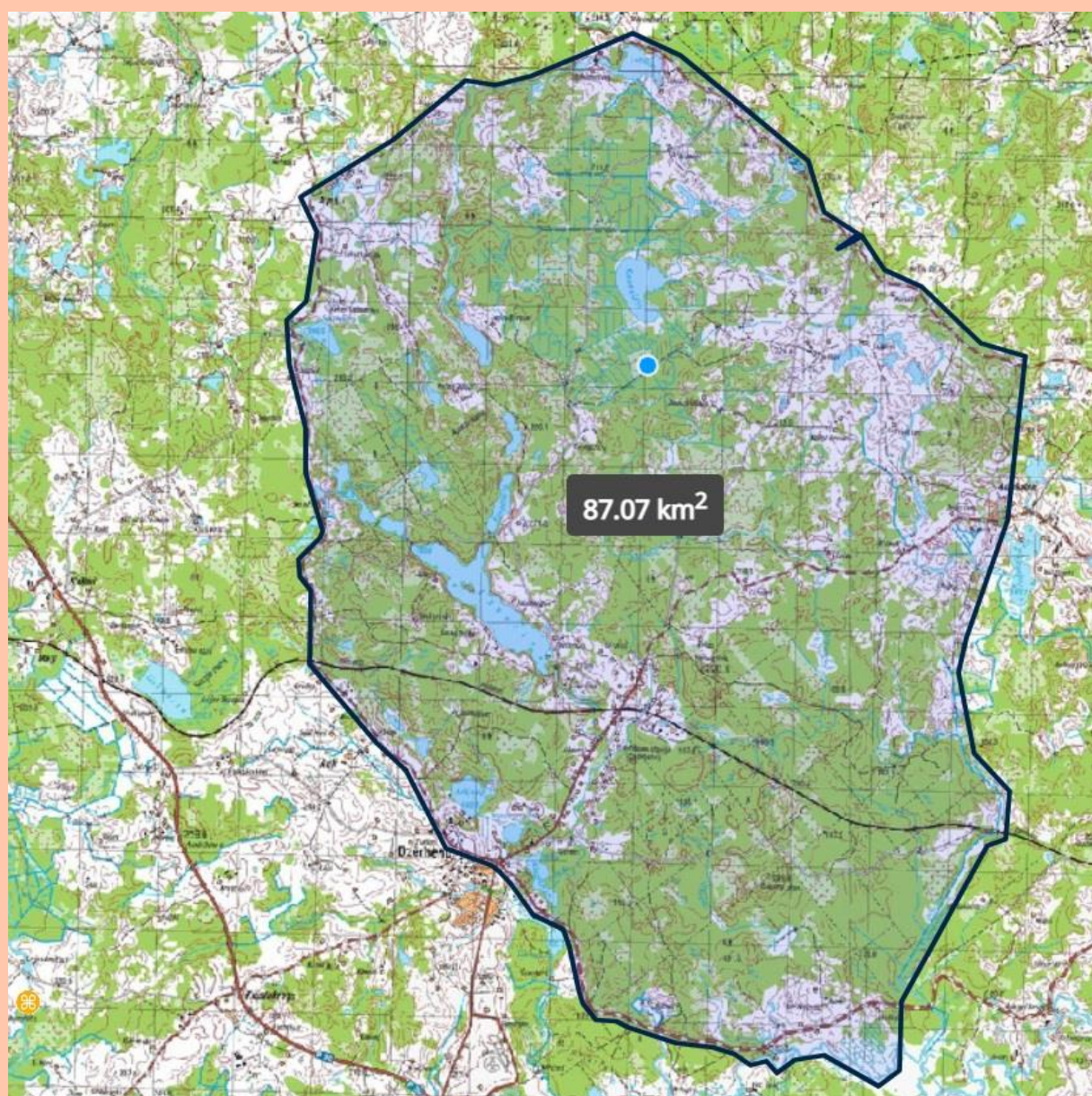
Family - at least 2 generations from one family, at least one member is 14 years old or younger, only 6 hour rogaine.

The team must have at least one member who is 18 years old or older for 12 hour competition and for 6 hour MTB competition.

The age of participants will be determined as on the 29th of October, 2022.

Participants are responsible for their own health and for insurance against accidents and possible injuries borne by the participants (over 16 years) or their parents / guardians (for participants 16 years and younger). Teams will be registered as complete team at the event center. At the registration the teams will receive the team package and they have to sign the safety form. Tas jau ir iepriekš pateikts!

Terrain

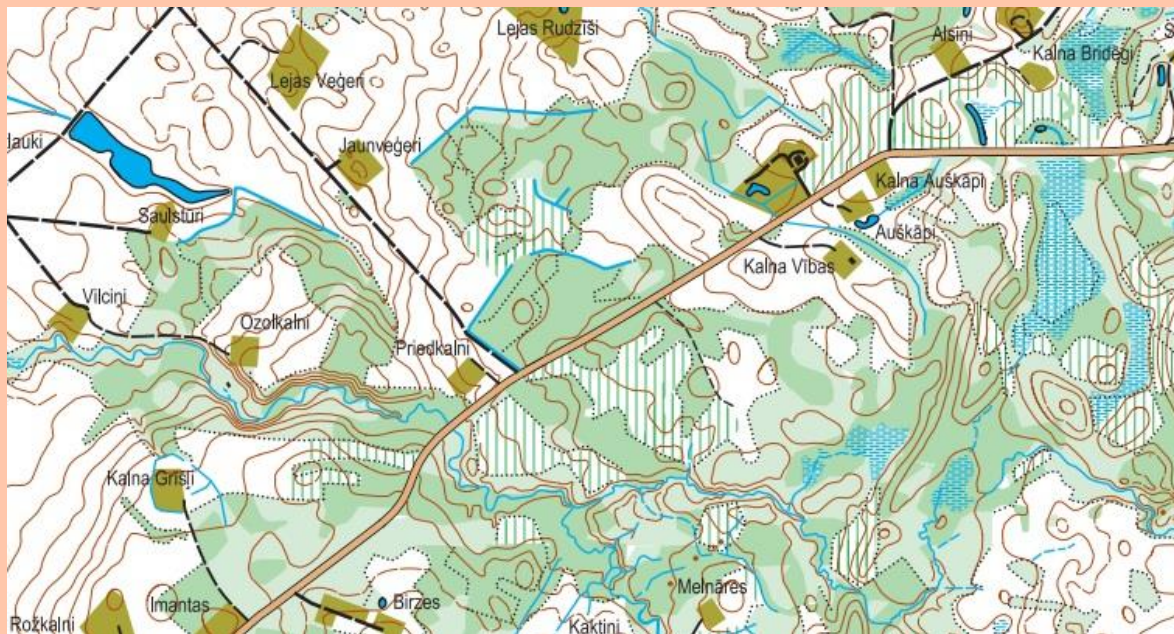


The terrain is various. Most of the area is forest, managed by A/S LATVIA'S STATE FORESTS. Well developed road network along with forest rides,

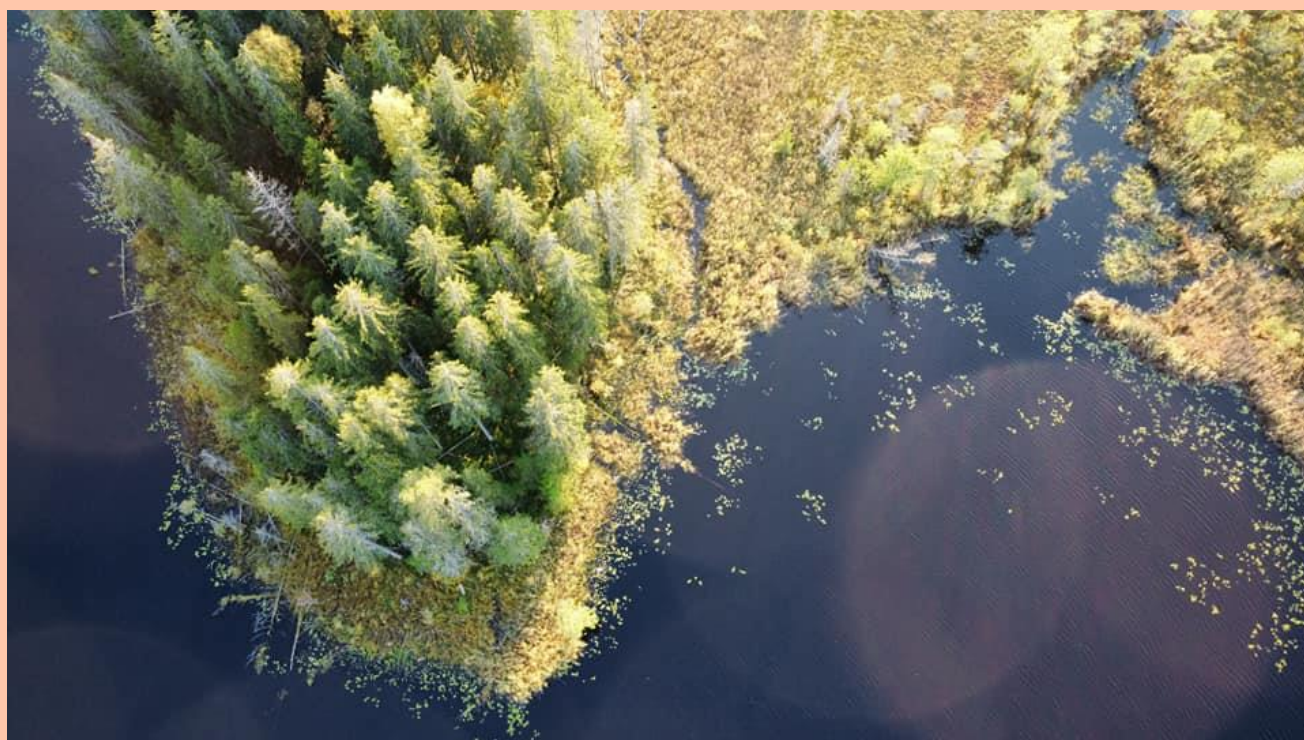
Distance, CP and punching

50 checkpoints – control flags equipped with reflectors - will be placed in the competition area. Punching system – Sportident (SIAC). **Each participant is attached The SIAC-card provided by the organizers is attached to competitors' wrists..** Control points have values from 2 to 6 points. Point value is the decimal number of the CP number, for example CP number 33 gives the team 3 points, CP number 63 gives 6 points etc. The total value of CP points - 200 points. Every team member should register at the CP within one minute. If any of the team members has a damaged (broken) SI-card attachment, the team is disqualified.

Map



Scale 1:20000, H = 4 m, S ~ 87 km². Rogaining map prepared in 2021-2022., using the Latvian Geospatial Information Agency (LGIA), LVM GEO topographical materials, orthophoto (2020) and other information, surveying the territory and planned checkpoint locations. According to the guidelines of the International Rogaining Federation (IRF), standard or advanced topographic maps are suitable for rogaining competitions. Open areas are represented by WHITE background color, forests and overgrown areas are represented by GREEN color. The size of the map, map designations and usage characteristics will be specified in the pre-start information.



Entry fee for each team member.

Entry fee for each team member.

Participation fee for 1 participant applying	by 02.10.2020.	until 17.10.2020	after 17.10.2020
6 hours in O, V and SV categories	25 EUR	30 EUR	40 EUR
6 hours in UV and J categories	15 EUR	20 EUR	25 EUR
6 hours in the Family category			
for those who correspond to categories O, V and SV	25 EUR	30 EUR	40 EUR
for those who meet UV and J categories	15 EUR	20 EUR	25 EUR
participants up to 14 years of age.	10 EUR	10 EUR	10 EUR
12 hours in O, V and SV categories	25 EUR	30 EUR	40 EUR
12 hours in UV and J categories	15 EUR	20 EUR	25 EUR
12 hours in the Family category			
for those who correspond to categories O, V and SV	25 EUR	30 EUR	40 EUR
for those who coreespond to categories UV and J	15 EUR	20 EUR	25 EUR
participants up to 14 years of age.	10 EUR	10 EUR	10 EUR
In MTB groups - the same as members of 6-hour categories.			

Participation fees cover competition preparation, contactless SI cards, catering, competition center rent and others organizational expenses. The participation fee can be paid by bank transfer to the bank specified in the application process account, indicating the number of the registered team: LV64UNLA0050020516945, Sports club R24.LV, reg. 40008206944. The application for the competition is also a guarantee for the payment of the participation fee. participants, who apply but refuse to start by sending a written refusal by October 24 can get back 50% of paid membership fees. **The organizer returns the full participation fee in case the competition is cancelled or are not possible due to external circumstances.**



Water points, catering, service

Watering points with water reservoirs will be placed in the competition area and drinking water intake points available in the area will be marked. Catering - after the finish for participants of both 6-hour and 12-hour distances, traditional and vegetarian. Toilets and will be available in the competition center.

Applications

Registration from September 27, 2022 to October 24, 2022. Organizers will provide SIAC-cards.

The teams submit their applications online by filling out the application form on the website <http://www.rogaining.lv>

Awarding

The teams with the best results in each category will be awarded. The organizers can change the number of awarded teams depending on the number of participating teams in the groups and the budget of the competition.

Information

Contact information: (+371) 29218759, valtersk@latnet.lv

Bulletin No. 2 will be published on October 17, 2022.

