Latvian Cup

and

Latvian Rogaining Championship

24-25th August 2013

2. bulletin

Competition format: 24 hours (teams of 2-3 members) rogaining competition. Parallelly 6 hours (teams of 2-5 members) rogaining will be held.

<u>Competition rules:</u> Latvian Cup and Latvian Rogaining Championship will be held in accordance with the International Rules of Rogaining published at the web site:

http://rogaining.com/attachments/article/83/IRF%20rogaining%20rules%202013.pdf

with the exception of rules B2, B15, B161(b). The rules listed above are respectively replaced by the following provisions:

B2. A team that has a member under sixteen years of age shall also have a member eighteen years of age or over.

B15. All team members shall carry the SI card during the whole competition from start to finish. It will be attached by organizers by a non-removable wristband.

B16(b). In order to gain points for a checkpoint, all members of a team shall punch their SI cards at the SI station of that checkpoint within a time interval of 60 seconds.

<u>Organizers:</u> LOF (Latvian Orienteering Federation), Sport Club "24 stundas" and Orienteering Club "Ziemelkurzeme"

Chief judge: Raimonds Lapins (e-mail: raimonds at rogaining.lv)

Chief secretary: Aivars Zogla (e-mail: rogain at okzk.lv)

Map and distance planning: Raimonds Lapins

<u>Place of competition:</u> competition area partly covers four Latvia districts - Baldone, Kegums, Vecumnieki and Kekaya.

<u>Competition center:</u> under field conditions near house "Silisi", Tome parish, Kegums district (approximately 45 km by road in South-East direction from Latvian capital Riga, 350km from Tallinn, 280km from Vilnius, 520km from St. Petersburg). The event center can be easy reached by car (own or rental).

Drive in and competition centre maps will be published in 3rd bulletin

Competition categories:

MJ - Boys junior (under 20)

WJ - Girls junior (under 20)

XJ - Mixed junior (under 20)

MO - Mens Open

WO - Womens Open

XO - Mixed Open

MV - Mens Veteran (40 and older)

WV - Womens Veteran (40 and older)

XV - Mixed Veteran (40 and older)

MSV - Mens Super Veteran (55 and older)

WSV - Womens Super Veteran (55 and older)

XSV - Mixed Super Veteran (55 and older)

MUV - Mens Ultra Veteran (65 and older)

WUV - Womens Ultra Veteran (65 and older)

XUV - Mixed Ultra Veteran (65 and older)

Comments: 1. Age is determined on the first competition day (24th August 2013)

- 2. Any team that has a member younger than 16 years of age must also have a member 18 years of age or older
- 3. Teams are competing in every category for which they are eligible by age and gender
- 4. Teams competing in the Junior and the Veteran categories are also automatically entered into the corresponding Open category
- 5. Teams competing in the Super Veteran categories are also automatically entered into the corresponding Veteran and Open category
- 6. Teams competing in the Ultra Veteran categories are also automatically entered into the corresponding Super Veteran, Veteran and Open category

Registration: Registration for the event takes place only via online registration, which opens on 1st July, 2013. At registration, each team shall provide the following information on each competitor: first name, surname, gender, date of birth and the country which the competitor is representing. Each team shall provide the e-mail address for contacts and shall secure the registration with password for future editing of entry.

By entering the registration data, participants give their consent to the organizers to set up a database of LRC participants and publish the names of competitors on the LRC website. The information provided at registration will not be used by organizers for any other purpose than for organizing the LRC and seeking feedback after the event.

Any changes to the registration data may be edited until the end of registration deadline – 18.08.2013.

After registration, invoice will be sent to the team's e-mail provided. Invoice should be paid within two weeks from issue date. All bank transaction costs shall be borne by the payer. In case you have problems or difficulties to make the bank transaction or if you would like to pay in cash, please contact us via e-mail <u>raimonds at rogaining.ly</u>

Entry fee for 24 h rogaining (per competitor):

Early registration: until 4-th August 2013 (included): Junior, Super Veteran, Ultra Veteran categories - 20.00 EUR Open, Veteran categories - 26.00 EUR

Late registration: from 5-th August to 18-th August 2013 (included): Junior, Super Veteran, Ultra Veteran categories - 26.00 EUR Open, Veteran categories - 32.00 EUR

Entry fee for 6 h rogaining (per competitor):

Early registration: until 4-th August 2013 (included): Junior, Super Veteran, Ultra Veteran categories - 13.00 EUR Open, Veteran categories - 17.00 EUR

Late registration: from 5-th August to 18-th August 2013 (included): Junior, Super Veteran, Ultra Veteran categories - 17.00 EUR Open, Veteran categories - 22.00 EUR

Rental fee of SI-6 card - 2.00 EUR

In case of loss or damage rental SI-6 card, a fee of 50 EUR will be charged.

The entry fee covers participation in the competition, rogaining map for each participant, catering during the race at the event centre (for 24 h competitors), water stations in the event area, meal after finish, parking in the event center and prizes for the best teams.

Map: specially prepared for rogaining in the year 2013. Scale 1: 35 000, contours every 5 m.

Terrain: mainly pine tree forest with good runnability. Lot of forest roads and footpath. Some marshes, ditches and small rivers, most of them with a good crossability. Many new clearings especially in South part of the area. Maximum altitude difference in the competition area up to 65 meters. Full competition area 235 square km.

Wildlife: Competitors may encounter elk, deer, fox, hare, squirrel, wild boar, beaver. The only venomous snake is viper, its bite is not life-threatening, but nevertheless requires immediate medical attention.

Weather: Approaching autumn is characterized by a slightly higher rainfall possibility compared to the previous year Latvian championship which is traditionally held in late July. August average temperature at night +8/+13 C, day +15/+20C.

http://www.weathercast.co.uk/world-weather/city-weather/city/371X2491/kegums.html

Travel and visa information:

Residents of the European Union member states, as well as Switzerland, Norway and Iceland do not require a visa and may enter Latvia using a valid passport or identification card. Residents of other countries need a visa to enter Latvia. The visa shall be obtained from the Latvian embassies abroad. Further information on visas:

http://www.pmlp.gov.lv/en/pakalpojumi/vizas.html

Upon request, indicated in registration entry form, organizers will send an official invitation (for a fee of 5 EUR). Please send your personal information and special requirements for invitation to: raimonds at rogaining.lv

Teams will be informed on invitation issues.

Punching system: SPORTident electronic punching system will be used. SI cards for each team member. SI-6, SI-10 and SI-11 cards will be accepted for 24 hour competitors. 6 hour teams may use other SI card version, if they are not going to visit more controls than capacity of particular SI card allows. Organizers will not accept protests if, using your own SI card, you will exceed capacity of SI card. SI card will be attached to each team member with a special wristband, don't broke the wristband till the end of the race. It's allowed to remove it only by judges of competition. Rental of SI cards (version 6) will be available for extra fee only until end of registration, 18.08.2013, (see *Entry fee*).

Timetable:

23.08.2013

20:00 competitors arrival, event centre opened

24.08.2013

08:00 competitors arrival, beginning of registration, number bibs handout, SI cards attaching

10:00 map handout

12:00 start for all competitors

18:00 finish of 6 hour event

from 18:00 catering available at the hash house for 24 hours members

19:00 prize-giving ceremony for 6 hours competitors

20:41 sunset

21:23 moonrise

21:23 the end of civil twilight

25.08.2013

05:29 the beginning of civil twilight

06:11 sunrise

12:00 finish of 24 h event

13:00 – 14:00 results publishing and prize-giving ceremony

26.08.2013

10:00 – event centre is closed

Awarding ceremony: Teams are awarded separately by categories. 24 hour competitors in all categories participate in the Latvian Cup. Simultaneously best participants registered in Latvian Orienteering Data Base (ODB) get Latvian Champion titles and medals. 6 hour competitors in all categories get awards and diplomas.

Accommodation: from Fridays, 23-th August, evening (20:00) under field conditions in your own tents. No additional fee needs.

For more accomodation possibilities please visit: http://www.booking.com/

More details: http://www.rogaining.lv

Information provided in 2. Bulletin replaces the preliminary information of 1. Bulletin. 3. bulletin will be published in the beginning of August 2013.