



If you will try to search [Google](#) for nature paths of Adamova and will visit this place, you, probably, will enjoy beautiful landscape of Daugava banks, but you could find rogainers in the afternoon of May 2nd somewhere else, another Adamova – to the north of Rezekne, on the shore of Adamova lake. This is a place, which is popular local beach on the hot summer days. The toughest could take a swim, but the greatest delight this time is going to be a walk along the routes in the neighbourhood of lakes and hills, which gives impressive sights over Burzava hilltops of Latgale highland – one of “Latgale Swiss”. If, therefore, we want to ask aunt-google about this Adamova, the keywords should be “Veremi parish”, so, not much info in English. What we can find in Latvian? Most of the work, while forming the relief of landscape here, is the job, which was done by glacier of ice age. The greatest artworks are hills with relative climbs until 25 m and absolute heights up to and over 200 m, which nears the best samples in Latvia. There is no lack in ponds of different size, some marshes as well.

Spring night of 2014 we met in old german manor in Pope. This year it will be manor in Latgale once owned by representatives of another empire.

See you on May 2nd in Adamova!

Course area includes nature reserve “Adamovas ezers” (Adamova lake). Let's be particularly careful about environment!

Organizers: County council of Rezekne in cooperation with OK Ziemeļkurzeme

Competition area: Rezekne county, surroundings of Adamava lake.

http://balticmaps.eu/?lang=lv&draw_hash=gfsixt¢erx=711376.4149237907¢ery=6273571.438390877&zoom=6&layer=map&ls=o

Competition centre: Sports hall of Adamova elementary boarding school.

Courses: 6 and 12 hour competitions [rules](#), accepted by Latvian Orienteering Federation, 3 hour competition for beginners.

Groups:

MJ, WJ, XJ - men, women or mixed youth groups, where age of all team members is under 23 years. *12 hour competition in these groups is only for experienced competitors, at least one of team members must be 18 years old or older.*

MO, WO, XO - men, women or mixed open groups.

MV, WV, XV – men, women or mixed senior groups, all team members must be 40 years old or older.

MSV, WSV, XSV – men, women or mixed senior groups, all team members must be 55 years old or older.

MUV, WUV, XUV – men, women or mixed senior groups, all team members must be 65 years old or older.

Family - families groups, where team members represent at least 2 generations of one family and at least one of team members is 14 years old or younger, only 6 hours competition.

Participants themselves must take care of health and insurance. Courses are designed so that there is no need to take serious risks for health and life. Possible risks are described on homepage. Participants themselves are responsible for any risks taken.

Every participant must sign indemnity form at pre-start registration.

Start schedule:

3 and 6 hour competitions – 18:00, May 2 (finish – 24:00, May 2), **maps give-out from 17:00**

12 hour competitions – 20:00, May 2 (finish – 8:00, May 3), **maps give-out from 19:00**

Astronomical data:

May 2, sunset – 20:54, civil twilight till 21:39

May 3, civil twilight from 4:42, sunrise – 5:27

Moon rise – May 2 at 18:59, set May 3 at 5:26, full Moon on May 4.

Terrain:

Competition terrain is located over Burzava hilltops of Latgale highlands, where relief was formed during stepping back of melting glaciers. Over lowered marshlands and forest rises hilltops with relative climbs from 5 to 25 m and absolute heights from 160 till 210 m over sea level. There are two major transport directions here: Riga-Moscow and Daugavpils-Sanct Petersburg. Both railroad and motorway are within the competition area. Suggested crossing points will be marked on the map. Area is rather dense inhabited, open. Wide network of roads and paths.

Course, checking:

60 checkpoints with values from **2 to 8 points (total of 312 points)**, SportIdent checking system using rented or own SI cards. **Participants are responsible for capacitance of own SI cards.** SI cards will be attached with tearproof wristband per member.

All team members must check at a control within 60 seconds time. Team score will be reduced by one point for each started minute after finish time. Teams, finished 30 minutes after finish time, will not be scored.

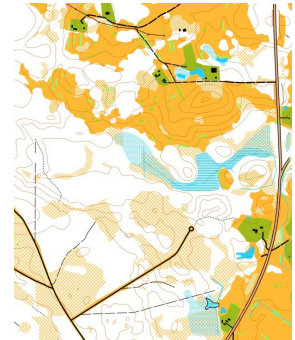
Map:

Map scale **1:30000**, contours – **5m**, sheet size **59x38cm**, laminated. Control descriptions on map (easy for cut off) as graphics. Magnetic north lines every 1 km, parallel to the side of sheet. Water points shown on map as a symbol of "cup" (on terrain – center of "cup"). Forbidden areas

– red hash and homesteads (light green), cultivated lands.

Topography – 1985., forestry – 2014. and inspection of area in spring of 2015. **There may be some fresh clearings, runability of roads may differ in places.**

Map samples:



Entries: from **01.02.2015.** till **27.04.2015.**, <http://www.rogaining.lv/>

or e-mail: rogain@okzk.lv (for **3 hour competitors**)

Entry fees per participant:

(01.02 – 23.03, 24.03 – 20.04, 21.04. - 27.04.)

O, V, SV groups – 15/18/22 €

J and UV groups – 10/12/15 €

Family group – according to age groups

Exceptions:

- OK Ziemeļkurzeme club members – 10 €
- participants of age under 17, and **participants of 3 hour competition** – 5 €
- rent of SI card – 2 €

Querries about invoices – rogain@okzk.lv

Invoices with subject "rogainings" and team registration number can be paid by transfer to:

Reg. nr. 40008111499

Legal address: Lauri, Ugales pagasts, Ventspils raj.

IBAN: LV44HABA0551016204530 (Swedbank)

Catering:

After finish at school's canteen:

6h from 23:00, 12h – from 7:00. Soup (for vegetarians, too), bun, tee/coffee. 12h will have also buckwheat porridge with vegetable-meat souce.

Prize giving:

6h – 00:45, 03.05.; 12h – 9:00, 03.05.

Accommodation:

Hard-floor in school with own accessories,

acc. fee per person - 2 €

see also:

<http://www.rezekne.lv/turisms/naktsmitnes/>

and additional information on homepage

Trains:***to Rezekne:***

<http://www.1188.lv/satiksmes/visi/saraksti?from=R%C4%ABga&from-id=2051475&fc=1&to=R%C4%93zekne2&to-id=2051460&tc=1>

from Rezekne:

<http://www.1188.lv/satiksmes/visi/saraksti?from=R%C4%93zekne2&from-id=2051460&fc=1&to=R%C4%ABga&to-id=2051475&tc=1>