

**Latvian Cup \***  
**and**  
**Latvian Rogaining Championships**  
**12 -13 th July 2014**

**2nd bulletin**

**Competition format:** 24 hours (teams of 2-3 members) rogaining competition.  
6 hours (teams of 2-5 members) rogaining will be held as a satellite event.

**Competition rules:** Latvian Cup and Latvian Rogaining Championship will be held in accordance with the International Rules of Rogaining published at the web site: <http://rogaining.com/attachments/article/83/IRF%20rogaining%20rules%202013.pdf>

**Organizers:** LOF (Latvian Orienteering Federation), Orienteering Club "Puznis"  
Chief judge: Gerda Sirma (e-mail: [gerdas@inbox.lv.lv](mailto:gerdas@inbox.lv.lv))

Map and distance planning: Raimonds Lapins

**Place of competition:** competition area partly covers Lejasciems parish, Gulbenes district and Apes district.

**Competition center:** Lejasciems parish, Gulbenes district. The event center can be easily reached by car.  
Drive in and competition centre maps will be published in 3rd bulletin.

**Competition categories:**

**MJ** - Boys junior (under 20)

**WJ** - Girls junior (under 20)

**XJ** - Mixed junior (under 20)

**MO** - Mens Open

**WO** - Womens Open

**XO** - Mixed Open

**MV** - Mens Veteran (40 and older)

**WV** - Womens Veteran (40 and older)

**XV** - Mixed Veteran (40 and older)

**MSV** - Mens Super Veteran (55 and older)

**WSV** - Womens Super Veteran (55 and older)

**XSV** - Mixed Super Veteran (55 and older)

**MUV** - Mens Ultra Veteran (65 and older)

**WUV** - Womens Ultra Veteran (65 and older)

**XUV** - Mixed Ultra Veteran (65 and older)

Comments: 1. Age is determined on the first competition day (12 July 2014)

2. Any team that has a member younger than 16 years of age must also have a member 18 years of age or older

3. Teams are competing in every category for which they are eligible by age and gender

4. Teams competing in the Junior and the Veteran categories are also automatically entered into the corresponding Open category

5. Teams competing in the Super Veteran categories are also automatically entered into the corresponding Veteran and Open category

6. Teams competing in the Ultra Veteran categories are also automatically entered into the corresponding Super Veteran, Veteran and Open category

**Registration:** Registration for the event takes place online only. At registration, each team shall provide the following information on each competitor: first name, surname, gender, date of birth and the country which the competitor is representing. Each team shall provide the e-mail address for contacts and shall secure the registration with password for future editing of entry.

By entering the registration data, participants give their agreement to the organizers to set up a database of LRC participants and publish the names of competitors on the LRC website. The information provided at registration will not be used by organizers for any other purpose than for organizing the LRC and seeking feedback after the event.

After registration, invoice will be sent to the team's e-mail provided. Invoice should be paid within two weeks from issue date. All bank transaction costs shall be borne by the payer. In case you have problems or difficulties to make the bank transaction or if you would like to pay in cash, please contact us via e-mail [gerdas@inbox.lv](mailto:gerdas@inbox.lv)

**Entry fee for 24 h rogaining (per competitor):**

**Registration:** from May 26, 2014

**Entry fee for 24 h rogaining (per competitor):**

**Early registration:** until June 27, 2014 (included):

Junior, Super Veteran, Ultra Veteran categories - 20.00 EUR

Open, Veteran categories - 25.00 EUR

**Late registration:** from June 28 to July 7, 2014 (included):

Junior, Super Veteran, Ultra Veteran categories - 30.00 EUR

Open, Veteran categories - 35.00 EUR

**Entry fee for 6 h rogaining (per competitor):**

**Early registration:** until June 27, 2014 (included):

Junior, Super Veteran, Ultra Veteran categories - 10.00 EUR

Open, Veteran categories - 15.00 EUR

**Late registration:** from June 28 to July 7, 2014 (included):

Junior, Super Veteran, Ultra Veteran categories - 20.00 EUR

Open, Veteran categories - 25.00 EUR

Rental fee of SI-6 card - 2.00 EUR

In case of loss or damage rental SI-6 card, a fee of 50 EUR will be charged.

The entry fee covers participation in the competition, rogaining map for each participant, catering during the race at the event centre (for 24 h competitors), water stations in the event area, meal after finish, parking in the event center and prizes for the best teams.

**Terrain:** mainly pine tree forest with good runnability. Lot of forest roads and footpath. Some marshes, ditches and small rivers, most of them with a good crossability. Many new clearings especially in South part of the area.

**Wildlife:** Competitors may encounter elk, deer, fox, hare, squirrel, wild boar, beaver. The only venomous snake is viper, its bite is not life-threatening, but nevertheless requires immediate medical attention.

**Punching system:** SPORTident electronic punching system will be used. SI cards for each team member. SI-6, SI-10 and SI-11 cards will be accepted for 24 hour competitors. 6 hour teams may use other SI card version, if they are not going to visit more controls than capacity of particular SI card allows. Organizers will not accept protests if, using your own SI card, you will exceed capacity of SI card. SI card will be attached to each team member with a special wristband, don't broke the wristband till the end of the race. It's allowed to remove it only by judges of competition. Rental of SI cards (version 6) will be available for extra fee only until end of registration, 07.07.2014, (see *Entry fee*).

**Timetable:**

**11.07.2014**

20:00 competitors arrival, event centre opened

**12.07.2014**

08:00 competitors arrival, beginning of registration, number bibs handout, SI cards attaching

10:00 map handout

12:00 start for all competitors

18:00 finish of 6 hour event

from 18:00 catering available at the hash house for 24 hours members

19:00 prize-giving ceremony for 6 hours competitors

21:23 moonrise

22:03 sunset

23:07 the end of civil twilight

**13.07.2014**

03:35 the beginning of civil twilight

04:36 sunrise

12:00 finish of 24 h event

13:00 – 14:00 results publishing and prize-giving ceremony

**Awarding ceremony:** Teams are awarded separately by categories. Competitors in all categories, but 3 hour competition, participate in the Latvian Cup (see [www.rogaining.lv](http://www.rogaining.lv) for info). Best participants registered in Latvian Orienteering Data Base (ODB) get Latvian Champion titles and medals. 6 hour competitors in all categories get awards and diplomas.

**Accommodation:** from Fridays, 11-th July, evening (20:00) under field conditions in your own tents at no extra fee.

For more accomodation possibilities please visit: <http://www.booking.com/>

\* Participants, who will take part in 24 or 6 hour competitions, will gain Latvian Cup points.

*Information provided in 2. Bulletin replaces the preliminary information of 1. Bulletin.*

*3. bulletin will be published in the beginning of July 2013.*