



## 10. Latvian Rogaining Championship 18-19 th July 2015

### *3rd bulletin*

#### **Map**

The map of the competition prepared specially for rogaining competition, drawn in the program OCAD. A map prepared, using ex military maps from USSR (relief), information of the forestry and also carried out surveys of the territory. Scale of map 1:30000 (1 cm in map – 300 m in the nature), contours – 5m. The size of map 73x67 cm. The map is laminated from both sides, the map is water resistant. In the wet weather participants advisable to use additional protection measures (taping map edges with transparent scotch). Descriptions of checkpoints (the legends) are printed on the map.

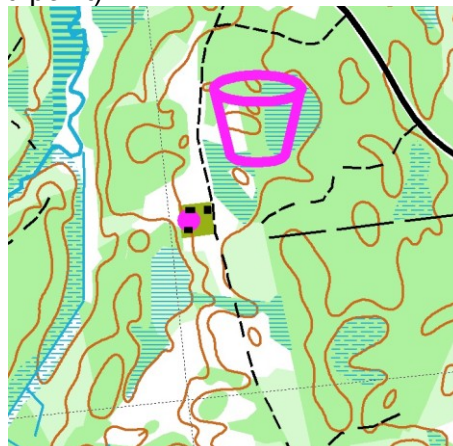


Green color in the map indicate forest, light green – new forests and semi open places, white – open lands, and new not overgrown clearings.

**In the competition area are many cultivated fields. On the map these fields will be colored bright red. Participants forbidden to cross these fields, the penalty will be disqualification of the team.**

#### **The distance**

The number of checkpoints – 76, their value from 3 to 10 points, all checkpoints points sum are 500 points. All of checkpoints possible visit approximately 125 km long distance „beeline”. The first number (in three-digit case – the first two) in the checkpoints designation reflects the checkpoint value expressed in the points. The checkpoint prisms placed in the transparent attitude and equipped with reflectors. In the area of the competition will be 8 places where participants may get water, this place will be shown in the map (marked with symbol of glass and red point).



### **Punching system**

SportIdent (SI) electronic punching system will be used. Every participant of the 24 h competition will be necessary one of the SI6, SI10, SI11 or SIAC version SI card. Participants of 6 h competitions can use their own SI cards. **Organizers of competition will not accept protests in the case if participants will exceed receptivity of their SI cards.** All the participant of the team should to mark in the checkpoint during the 1 minute.

### **Wild animals**

Participants can meet doe, wild boars, fox, beavers, hares etc. wild animals.

### **The form of liability**

All participants of the competition will sign the form of liability, they will sign about participating in the competition by their own risk. This document participants needs to sign during the registration process.

### **Medical assistance**

In the center of competition will be provided first aid if it will be needed. In the complex cases the aid victim will be transported to the hospital.

### **Start**

All participants of 24 h and of 6 h rogaining need to be in the startup place (elementary school sport playground) till 11:45 (in the morning). At the entrance will be cleaned and checked SI cards. The start of the competition will be on Saturday, on 18 of July, at 12:00 noon. Start for participants of 3 h rogaining will be on Saturday, on 18 of July, at 13:00 noon.

### **Hash house**

During the competition 24 hour participants will be able relax and to get a meal in the center of the competition area (Hash House) (Menu: soup, tea, coffee, fruits, bread). That will be opened during 18 of July (from 18:00) 19 of July (till 8:00 a.m.)

### **Finish**

Finish will be located the same place as start. Control time end of 24 h rogaining will be on Sunday, on the 19 of July at 12:00 in the noon, 6 h rogaining – on 18 of July at 18:00 and 3 rogaining on the 18 of July at 16:00. For each of missed minute or its part will deduct one point to result from result of the team.

### **The results**

After finish each participant will get their printed results, where participants will be able to see visited checkpoints, total time of distance, each period time between checkpoints and all amounts of collected points. The final results will be published in the Latvian Rogaining home page

### **Protests**

60 minutes after the control time end team can to submit protests

### **Jury**

All protests (if necessary) will discuss 3 person jury (experienced participants)

### **Awarding**

1st – 3rd place winners in 24 h roaining will get Latvian Championship medals, awards and diplomas. Awards and diplomas will get 1st – 3rd place winners 6 h and 3 h rogaining.

### **Accommodation**

From Friday, 17 of July, of 20:00 in Ranka elementary school participants can stay (in the school hall, sleeping on the ground, participants should take with them their own sleeping bags, pillow, etc.). The fee about night will be 2,00 EUR per one person. The place for tents (near competition centre) will be for free

### **Place for transport**

Participants will be able placed their transport in the area near to Ranka elementary school

**Catering**

After the finish catering will be available in cafe of the school (in the center of competition). The cafe will be opened for 3h rogaining participants on the 18 of July from 17:30 (Menu: soup, juice, coffee, tea), 6h participants on the 18 of July from 17:30, for 24 h participants on the 19 of July from 11:30 in the morning (Menu for both competition participants: soup, main course, juice, coffee, tea)

**Shower**

Will be available after finish