

Latvian Cup
and
Latvian Rogaining Championship
14-15th July 2012

3. bulletin (pre-start information)

Map: The competition map is a specific map, prepared for Latvian Rogaining Championship and drawn in OCAD. The map is prepared using old military maps of former SU (contours), orthophotos, information from forestry institutions and investigations of competition area. The map scale is 1:25000 (1 cm on the map fits 250 m in real world), contour interval 5 m. Size of the map sheet – format B1 (70x100 cm). The map is printed in offset print and laminated from both sides, water and tear-resistant. In case of wet weather it may be useful to use the additional protection (to tape over edge of the map by Scotch tape). Controls' descriptions (legends) are printed on the map. Controls' descriptions will not be available on separate sheets.

Map sample:

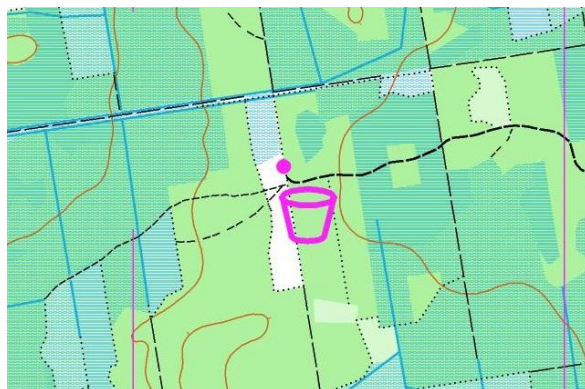


In the map, green color means forests, light green – coppices and semi-open areas, white – fields, meadows and new clearings. A number of the marshes drawn on the map will be partly dried in the middle of July. This denotation more indicates the forest type (peatland, etc.).

Course: The total number of controls is 80, values from 3 to 10, maximum value of points 520. The optimal route to visit all controls is about 110 km in „straight line”. According to organizers forecasts, no one team will be able to fill all the route.

The first digit of the checkpoint number reflects its point value. The checkpoints are located in visible height and have reflectors.

7 water stations (water reservoirs, provided by the organizers, or wells) will be placed throughout the competition area. The water stations are indicated on the event map by red symbol of glass, the precise locations are marked by red points:



Punching system: SportIdent (SI) electronical punching system will be used. One SI card, **version 6** (own or rented), is necessary for each team member of 24 h event.

6 h event competitors can use other version SI cards, considering capacity of the particular SI card and planned amount of checkpoints to be visited.

Organizers will not accept protests if, using your own SI card, you will exceed capacity of SI card.

SI cards will be attached to wrist of each competitor with a non-removable wristband. This will be done by the organizers during registration.

By visiting of checkpoint, all members of the team shall punch their SI cards in the SI station of the particular checkpoint within 1 minute.

Hazards and annoyances: Main hazards: some wide ditches, ticks and hogweed. Wide ditches can be crossed using fallen trees or beaver dams. Some ticks may carry tick-borne encephalitis or Lyme disease, therefore it is advisable to use special insect repellents and to check the whole body after the race. Hogweed are not widespread at the competition area, mainly seen in some places at the Eastern part of area.

Important! There is located a military facility with enhanced security in the competition area.

*This object is marked by bright red colour on the map. **This is forbidden area for the competitors. Competitors are not allowed to cross or enter this territory.** The responsible persons of this object are warned about the event, but, nevertheless, approach to this area can raise unnecessary conflicts.*

Main annoyances: nettles and horse-fly.

Wildlife: Competitors may encounter elk, roe, fox, hare, wild boar, beaver.

Indemnity form: All competitors shall sign an indemnity form, that they participate in the competition at their own risk. This document shall be signed during registration.

Medical aid: In more complicated cases, the injured competitor may be transported to a hospital.

Weather: <http://www.weathercast.co.uk/world-weather/city-weather/city/371X4/aluksne.html>

Start: All competitors shall enter the start area by 11:45. SI cards are cleared and checked by organizers at the start area gate. Each competitor must be sure, that his SI card is cleared and checked, when entering the start area.

Start is given at 12:00 on Saturday, 14-th July, with well audible sound.

Hash House: Hash House will be available for the competitors during the race. This time it will not be situated at the event center, but near one of the checkpoints. Hash House is indicated on the event map by red lettering, the precise location is marked by red point.

Catering available at the Hash House from 18:00 14-th July till 9:00 15-th July. Meal will include hot soup, bread, fruits, coffee or tea.

At the registration, each team will get one plastic bag of 30-35 l volume for different equipment, including sleeping accessories, what the team might want to use in Hash House. These bags will be transported by organizers to the Hash House until its opening at 18:00 14-th July. Tents are not necessary. The participants who would like to sleep for some time, will be able to use camping

house on site. By leaving the Hash House, the competitors must pack their needless equipment back into the bags. The bags will be transported back to the event center by organizers after Hash House closing.

Finish: The control time is 12:00 on Sunday, 15-July. After finishing the course (by punching the SI station „Finish”), the organizers will remove the wristband and download the reading of the SI card. *The point penalty for finishing after the nominated finish time is 1 point per each minute or part thereof.* Teams finishing more than 30 minutes late are not eligible for the placing.

Results: After the finish, each competitor gets a printout of the reading SI cards, indicating all controls visited, the total time, time of each leg and the sum of points collected. The individual SI printout shall be considered as a preliminary, not a final result. The preliminary team results will be posted in the competition center after the control time. The final results will be published in Latvian Rogaining website: www.rogaining.lv.

Protests: Within 60 minutes after the nominated finish time, a team may submit a protest about any team thought to have breached the rules, about the preliminary results of the team or about any actions of the organizers that they consider made the competition unfair. Protests shall be submitted in written form. Verbal protests will not be considered.

Jury: Any protests are considered and determined by a three persons jury. Members of the jury will be drawn from five experienced rogaining competitors. If the protest concerns someone of the drawn jury members, he/she will be replaced by a spare member.

Prizes: The team with the highest score in each class is awarded with a Latvian Rogaining Cup. Three best teams in each class are awarded with prizes.

Accommodation: Accommodation available starting from Friday, 13-th July, in the event center – Strautini elementary school, Aluksne district (see [Bulletin No. 2](#) for more detailed information). Accommodation is provided in school sports hall, on the floor, with own sleeping accessories. Fee is 3 EUR per person per night (as well for supporters and co-drivers). Preliminary booking mandatory. Contact information: e-mail alexa25 at inbox.lv or mob. +371 28382996 (you can write or speak in latvian, russian or english)
For information about other accommodation possibilities, please visit local websites or contact Aluksne Tourist information center.

Parking: Parking area for competitors cars is mainly situated on the right side of motorway Aluksne-Zeltini. The members who will arrive earlier will have possibility to park more close to the event center. *Please respect organizers guidances during parking!*

Catering: Catering will be provided at the buffet in event center. Catering will be available from 17:30, 14-th July (6 h competitors) and from 11:00, 15-th July (24 h competitors). Meal will include hot soup, main course, bread, soft drink (juice). Coffee, some soft drinks and snacks will be available for additional fee.

Showers: The competitors will have possibility to use showers at the event center after finish.